CHECKLIST · SCAMS & SECURITY

Myth or fact: Macs don't get viruses

Published 24 October 2026. Read the full story, sources and any updates at
digitaladvisors.com.au/journal/myth-macs-dont-get-viruses/

- [ ] **Turn on automatic updates.** Open System Settings > General > Software Update and switch on Automatic Updates.
- [ ] **Keep security updates switched on.** On macOS Tahoe 26 or later, in System Settings > General > Software Update, click More Info next to Automatic Updates and make sure "Install system data files and security updates" is on.
- [ ] **Get apps from safe places.** Apple says the App Store is the safest source. In System Settings > Privacy & Security, set "Allow apps downloaded from" to the App Store, or the App Store and identified developers.
- [ ] **Never paste a command a website gives you into Terminal.** No genuine CAPTCHA, update or download needs you to.
- [ ] **Think twice before clicking Open Anyway.** If an app's install steps tell you to override the Mac's warning, stop and check where the download came from.
- [ ] **Download from the maker's own website.** Type the address yourself rather than clicking an ad in search results.

NOTES

General information only, not legal, tax or financial advice. Check the full story and its sources before acting.